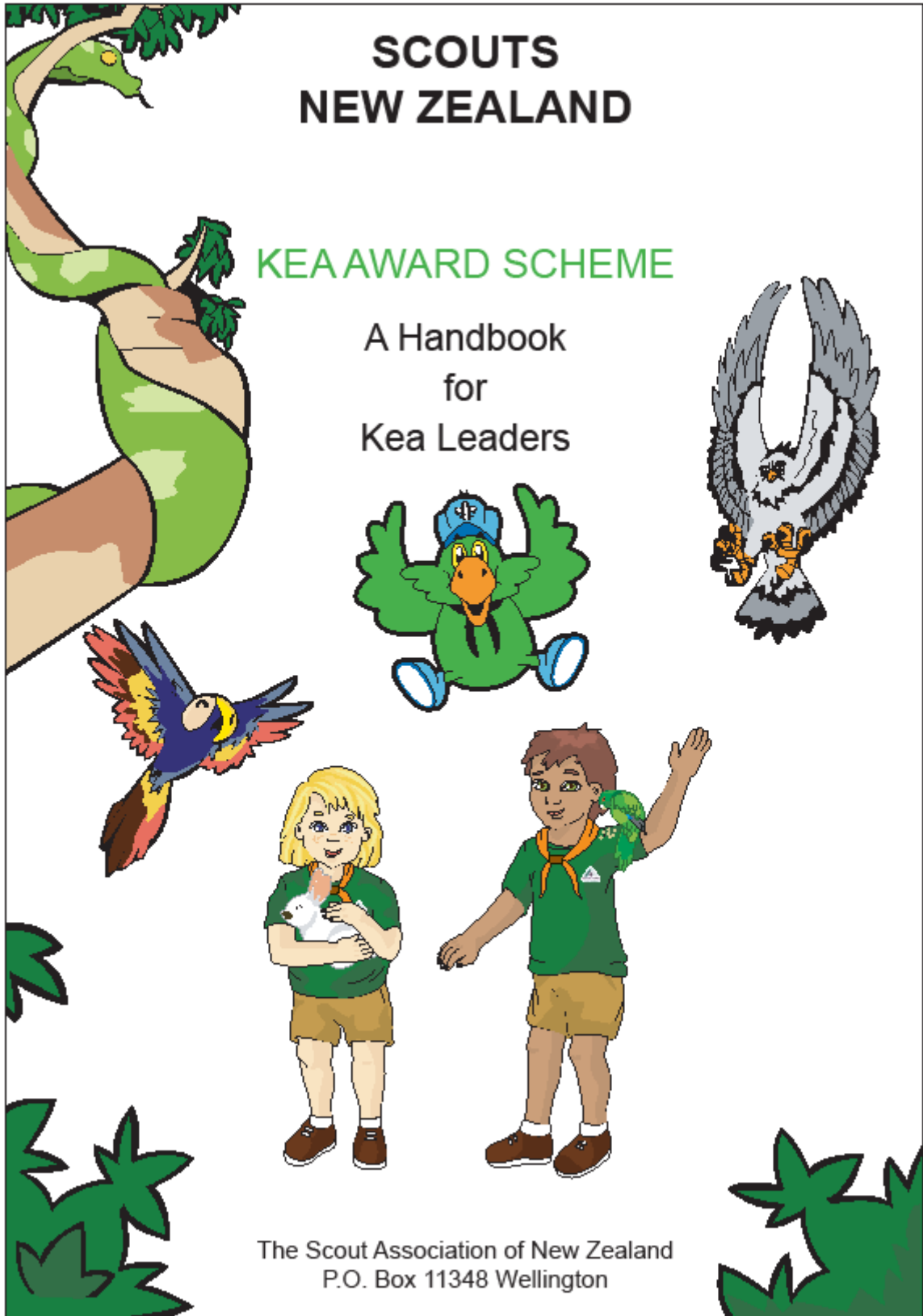


SCOUTS NEW ZEALAND

KEA AWARD SCHEME

A Handbook
for
Kea Leaders



The Scout Association of New Zealand
P.O. Box 11348 Wellington

Table of Contents

Structure of the Kea Award Scheme	1
Kea Award Scheme Outline	2
The Cornerstones and Components of the Kea Award Scheme	3
The Kea Badge.....	4
Bronze Kea Award	5
Silver and Gold Kea Award - Outdoors Cornerstone	6
Silver and Gold Kea Award – Community Cornerstone.....	10
Silver and Gold Kea Award - Personal Development Cornerstone	13
Silver and Gold Kea Award - New Experiences Cornerstone	16
The Cub Badge	17
Kea achievements that may be credited in Cubs.....	18
Kea Personal Challenge Badges	19
Caring Kea - Choose conservation or animals.....	19
Techno Kea	19
Helpful Kea.....	20
Healthy Kea	20
Aviator Kea.....	20
Keen Kea.....	20

Issued May 2009

Acknowledgements

Scouts New Zealand acknowledges the work of the Award Scheme Task Force and thanks them and all the leaders who contributed ideas and provided feedback during the development of this Award Scheme.

Structure of the Kea Award Scheme

The Kea award and badges system consists of three parts

1. **Participation Awards** - based on the programme cornerstones and with links to the Cub scheme.
2. **Event Badges** - awarded to celebrate special events such as Founders Day, Anzac Day and Sleep-overs etc.
3. **Personal Challenges** - catering for individual interests and include a link to Cub Section.

Participation Award System

- The awards are based on participation and are not competitive.
- The Kea Badge covers the first two weeks at Keas and is awarded when the Kea is invested as a member of the Scout Movement.
- There are three levels of award to be achieved over the time the Kea is in the section. These are to be achieved during normal Kea programme activities.
- The Cub Badge may be completed in the Kea Section just prior to the Kea Scout moving up to the Cub Section.

The Cornerstones

- The Award Scheme is based on the Programme Cornerstones. They are:
 - Outdoors.
 - Community.
 - Personal Development.
 - New Experiences.
- Each cornerstone is made up of three or four sections. Each section contains a number of activities for the Kea to complete.

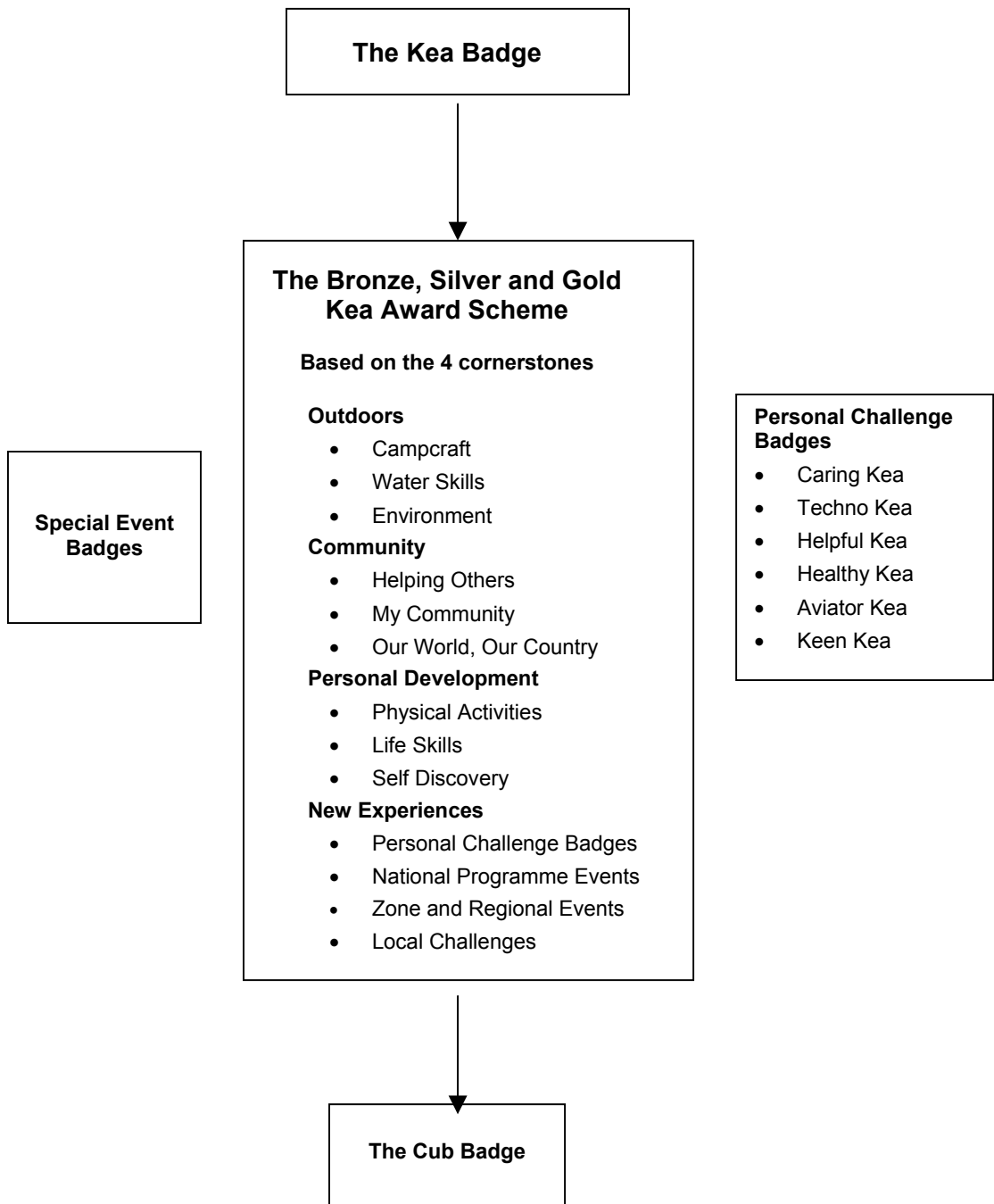
General information

- The Kea “participates in” an activity and has this marked off by the Leader.
- The Bronze Kea Award will usually be awarded after 6 weeks.
- The Silver Kea Award may be awarded towards the end of the first year in Keas. Half the activities in each section of the cornerstones must be completed.
- The Gold Kea Award may be awarded towards the end of the second year in Keas on completion of the rest of the activities.
- Leaders must be flexible in their approach if dealing with a Kea who has a disability. A Kea with a disability who does his or her very best should have the activity marked off.
- The Cub section will give recognition for some achievements earned as part of the Gold Kea Award.

Variations to the requirements of the award

- Whilst the award scheme is essentially prescriptive, it is acknowledged that some flexibility is required to cater for different geographic locations, section size, adult availability and Scouts with disabilities or special needs. This flexibility should be exercised by the section leaders.

Kea Award Scheme Outline



The Cornerstones and Components of the Kea Award Scheme

The Kea Badge

The Bronze Kea Award

I share (with my family and friends)	I care (about the environment)	I discover (the community I live in)	I grow (as a person)
--	--	--	--------------------------------

Silver & Gold Kea Awards - Cornerstones and Components

Outdoors	Community	Personal Development	New Experiences
Campcraft	Helping Others	Physical Activities	Personal Challenge Badges
Water skills	My Community	Life Skills	National / Zone Events
Environment	Our World / Our Country	Self Discovery	Local Challenges

Kea Personal Challenge Badges

The Cub Badge – Moving to the Cub Section

The detailed award requirements start on the next page.

The Kea Badge

The Kea Badge is based on the Kea Motto and must be completed before investing the Kea as a member of the Scout Movement.

1. This is done over the first six weeks in Keas.
2. All activities are to be completed.
3. The badge and scarf are then awarded at the Investiture ceremony.

REQUIREMENTS (What to do)	EXPLANATION	REFERENCES
<ul style="list-style-type: none"> • Discuss the Kea Promise and Motto with your Kea Leader or parents. 	<p>These four requirements set the foundation for the Kea as a member of Scouts New Zealand, Each section of Scouting has a promise and motto or law that is designed to suit the age group concerned.</p>	<p>The Kea youth book.</p>
<ul style="list-style-type: none"> • Be able to repeat the Kea Promise after the Kea Leader. 		
<ul style="list-style-type: none"> • Be able to repeat the Kea Motto after the Kea Leader. 		
<ul style="list-style-type: none"> • Learn how to make the Scout sign. 		

Bronze Kea Award

The Kea participates in all activities.

REQUIREMENTS (What to do)	EXPLANATION	REFERENCES
<p>I share</p> <p>Take part in a team game.</p> <ul style="list-style-type: none"> The Kea joins in a team game during the Kea Club meeting. 	<p>Games are an important fun aspect of Keas. Cooperation rather than competition is the focus.</p>	
<p>I care</p> <p>Help tidy up after Kea Club.</p> <ul style="list-style-type: none"> The Kea takes part in tidying up after activities. 	<p>Learning to care for themselves, others and their environment.</p>	
<p>I discover</p> <p>Learn the names of the Kea Leaders and some other Keas in the Club.</p>	<ul style="list-style-type: none"> The Kea learns who will be looking after them at Keas and meets the other children in the Club 	
<p>Take part in singing the Kea Song and the Kea Yell.</p> <ul style="list-style-type: none"> Kea becomes familiar with the words of the Kea Song and the Kea Yell. 	<p>Introduces the concept of belonging to a special team.</p>	
<p>Learn about the native parrot, the Kea.</p> <ul style="list-style-type: none"> Kea Scout is introduced to Koa Kea and learns about New Zealand's native parrot, after which the Kea Section is named. 	<p>Koa Kea is the Club mascot. He is a fun character based on one of the New Zealand native parrots. There are many similarities in the behaviour of the Kea and 6-8year old children.</p>	
<p>I grow</p> <p>Belong to a posse and attend 4 club meetings, at least one of which has outdoor activities.</p>	<p>This requirement encourages persistence and coping skills for dealing with a new environment. Outdoor activities are an integral part of Scouting. Posse teams are small groups within the Kea Club that help provide a sense of belonging.</p>	

Silver and Gold Kea Award - Outdoors Cornerstone

1. The Silver Award may be awarded towards the end of the first year in Keas if half the activities in each section of these cornerstones have been completed.
2. The Gold Award may be awarded towards the end of the second year in Keas on completion of the rest of the activities.

REQUIREMENTS (What to do)	EXPLANATION (Why)	REFERENCES
1. CAMP CRAFT (Sleep-over)		
Complete any three of these activities for Silver and the remaining three for Gold.		
Visit a Cub or Scout camp <ul style="list-style-type: none"> • The Kea Club is to visit a Cub, Scout or Group camp. 	Introduce Kea to what happens at a Cub or Scout camp. Keas do not camp unless part of a family Group Camp.	
Take part in a Scouting event suitable for Keas. <ul style="list-style-type: none"> • E.g. National Kea Day, Mudslide Day ANZAC Day or any other day, which is agreed. • This event <u>cannot</u> be counted twice in the award scheme. 	Builds confidence in being able to attend these events by oneself without the family always being there for support.	
Learn about campfire blankets. <ul style="list-style-type: none"> • Invite some older members of your Scout Group to bring their campfire blankets along to a Kea night. • Discuss with the Keas and parents where they can obtain a woollen blanket from e.g. Op shop. 	Builds enthusiasm for Kea's to attend a campfire to use and 'show off' their blanket. Groups will decide how badges are to be displayed. Keas learn that badges can later be transferred to campfire blankets or similar.	
Attend a sleep-over or spend one night away from home. <ul style="list-style-type: none"> • This can be a Kea Club sleep-over or a similar overnight stay away from home. • Sleep-overs can take place at the Scout Hall or suitable venue in the vicinity of the Scout Hall. 	The purpose of a sleep-over is to foster independence and to prepare for Cub camp and later Scout camps. Keas do not camp. However, a sleep-over introduces Keas to some of the basic activities they will experience later in their Scouting. A sleep-over gives the Keas the opportunity to stay away from home in a safe, familiar environment.	Rules for Sleep-overs are in the NZ Kea Leader's Handbook. No Kea should be forced to attend a sleep-over. This requirement may also be met if the Kea sleeps at a friend's or extended family member's home.
Pack own gear for a sleep-over from a checklist. <ul style="list-style-type: none"> • A gear list is provided and sent home with the parent permission form. • The Kea assembles the gear with the parent who checks this off. 	Develops responsibility for his or her own belongings. Learns to plan for Scout activities.	
Learn a campfire song or activity <ul style="list-style-type: none"> • The Kea learns a simple song or activity, preferably one with actions 	Campfires and singing are a significant part of Scouting. Singing is a way many relax and at the same time permits a release of human emotions. A person need not possess a great voice to sing, only the desire." Write the words on a large sheet of paper to help the leaders and Keas	Kea leaders handbook http://www.scoutingresources.org.uk/song_index.html http://www.barbershop.org/web/groups/public/documents/pages/pub_id_051925.hcsp or Scout Songbook

Continued Overleaf

Silver and Gold Kea Award – Outdoors Cornerstone,

continued

REQUIREMENTS (What to do)	EXPLANATION (Why)	REFERENCES
2. WATER SKILLS		
<i>Complete any three of these activities for Silver and the remaining three for Gold.</i>		
<p>Play games involving water</p> <ul style="list-style-type: none"> • Have contact with different types of water scenarios. 	Getting wet is the first part to becoming confident with water. Kea age children usually love games involving water. This is a great summer activity.	http://parentingteens.about.com/od/games/a/watergames.htm
<p>Take part in a floating and sinking activity.</p> <ul style="list-style-type: none"> • This can be any activity that involves testing materials to see if they float. • Could be at a swimming pool, river or using paddling pool, bucket or similar small water container. • Make simple model boats, test materials to see their buoyancy. 	Develop an understanding of buoyancy, related to water safety.	
<p>Take part in a beach, pool, river or lake activity with the Kea Club.</p> <ul style="list-style-type: none"> • Some possible sites: Private or public pools, safe beach (not large surf one), safe river, lake. • The activity does not have to be swimming. 	<p>Introduces Keas to water in a safe, supportive and controlled environment.</p> <p>NOTES:</p> <ul style="list-style-type: none"> • Local water advisor should be consulted when taking Keas swimming. • Each Kea should ideally be accompanied by an adult. • Check supervision requirements when using Public swimming pools. • Keep Keas to a safe depth/distance from edge for their ability. It is advisable to test their swimming ability if there is a chance that they may get out of their depth. • Do not rely on pool lifeguards. • It is much easier to keep an eye on the Keas when they are not sharing the water with other children – so using a private pool is the recommended environment for this activity. 	<p>Consult Scouting New Zealand's Water Activities Rules for suitable sites and supervision requirements. See Scouting New Zealand website.</p> <p>http://www.watersafety.org.nz</p> <p>http://www.watersafe.org.nz</p>
<p>Describe three important water safety rules.</p> <p>There are different sets of rules for different types of water:</p> <ul style="list-style-type: none"> • Home pool, • Public pool, • River, • Patrolled beach, • Non-patrolled beach. 	<p>Be able to keep oneself safe in any type of water by knowing the requirements for that particular body of water.</p> <p>Some rules could be:</p> <ol style="list-style-type: none"> 1. Choose to concentrate on the most appropriate for your Keas. 2. Always have an adult watch you when you are in the pool, even in your own backyard. 3. Never go in the pool if there is no adult around. 4. Always obey pool rules 5. Swim with a buddy. 6. Swim at a depth that is safe for you. 7. If you're just learning to swim, stay in the shallow end 8. Don't chew gum or eat while you swim 	<p>Try doing a search for "water safety for kids" on the internet and you will find lots of references. Here are two.</p> <p>http://www.kidshealth.org/kid/watch/out/water.html</p> <p>http://www.riversafe.org.</p>

Continued Overleaf

Silver and Gold Kea Award – Outdoors Cornerstone,

continued

REQUIREMENTS (What to do)	EXPLANATION (Why)	REFERENCES
2 WATER SKILLS , continued		
<p>Demonstrate the signal for help in water.</p> <ul style="list-style-type: none"> Stick your hand up for help. If you get into trouble in the water, stay calm, raise your arm to signal for help 	<p>Knowing and practising this could save his or her life one day.</p>	<p>http://www.slsnz.org.nz Surf Lifesaving website Books on water skills.</p>
<p>Demonstrate how to put on a personal flotation device correctly.</p> <ul style="list-style-type: none"> Keas practice putting on life jackets. They can explain why they should be worn and when they should be worn. 	<p>To promote awareness of the importance of wearing a personal flotation device while involved in boating and water-related sports.</p> <p>To know how to use them correctly and feel comfortable with their use.</p> <p>A personal flotation device is an aid to buoyancy. Swimming skills are still the basic skill for water safety.</p>	<p>http://www.safeboatingcampaign.net/activities/act5.pdf Personal flotation devices (Type 402 lifejackets) are to be worn if Keas ever take part in a boating activity. See Scouting New Zealand Water Activity Rules.</p>

REQUIREMENTS (What to do)	EXPLANATION (Why)	REFERENCES
3. ENVIRONMENT		
<i>Complete any three of these activities for Silver and the remaining three for Gold.</i>		
<p>Take part in a nature exploration activity.</p> <ul style="list-style-type: none"> This could be a bush walk, visit to the beach, a walk in the park, or a visit to the Zoo. 	<p>To know and respect our environment and our native plants.</p>	<p>You could link up with trips run by the Kiwi Conservation Club (KCC) http://www.kcc.org.nz</p>
<p>Help pick up litter around your Scout Hall or in a park.</p> <ul style="list-style-type: none"> Provide a container for each group of two/three Keas to put the rubbish in. Make sure they wash their hands afterwards. Discuss hygiene issues. 	<p>Lets them see that someone has to pick up any rubbish that they drop. Hopefully this will make them think twice before dropping rubbish.</p> <p>Consider whether or not rubber gloves are needed, or plastic bread bags over hands etc if collecting rubbish outside.</p>	
<p>Take part in a nature observation activity.</p> <p>This could be;</p> <ul style="list-style-type: none"> A scavenger hunt. Planting and watching a plant grow. Bird watching. Or weather recording activities. 	<p>A Kea's love for the environment can be built by actually interacting with it.</p> <p>A good activity to do is tie a string to a pine cone (one that has opened up), cover the cone with peanut butter and then roll the cone in oats. Hang the cone up where you can easily watch it without scaring the birds that come to feed.</p>	

Continued Overleaf

Silver and Gold Kea Award – Outdoors Cornerstone,

continued

REQUIREMENTS (What to do)	EXPLANATION (Why)	REFERENCES
4. ENVIRONMENT		
<p>Describe three important ways to keep safe in the outdoors.</p> <ul style="list-style-type: none"> • These could include: appropriate clothing, food and water, letting people know where you are going and when you will return, consulting the weather forecast, having plenty of fuel and keeping in a group. 	<p>To develop knowledge of survival skills for New Zealand's outdoors environment. The weather in New Zealand is changeable. It's often different from one day to the next. Sometimes it can change quite suddenly – from a warm sunny day to a cold and rainy one in just a few hours.</p>	<p>http://homepages.ihug.co.nz/~fiski/tramping/tramping.html http://www.metservice http://fishingnets.co.nz http://doc.govt.nz http://mountainsafety.org.nz Outdoor Safety books</p>
<p>Describe three ways we can care for our environment and demonstrate one of these.</p> <p>Some examples could be:</p> <ul style="list-style-type: none"> • Recycling of plastic or paper • Composting kitchen food waste. • Using the car less – walking, cycling or taking the bus instead. • Turning lights off when rooms aren't being used (Keas to turn off light in the toilets after use). 	<p>We all need to look after our planet and a good place to start is with anything little or local that we can do.</p>	<p>Local environmental centre or Regional Council.</p>
<p>Identify three native trees by their leaves.</p> <ul style="list-style-type: none"> • If possible go for a walk around the local community to see what native trees you can find/identify. • If this isn't possible, then bring leaves and pictures of the trees to the Hall. 	<p>Encourages Keas to take an interest in their environment. Could lead into a discussion about the problem that exotic introduced species can cause.</p>	<p>http://homepages.ihug.co.nz/~crysalis/page2.html http://kcc.org.nz http://forestandbird.org.nz http://doc.govt.nz Book for identifying native trees</p>

Silver and Gold Kea Award – Community Cornerstone

REQUIREMENTS (what to do)	EXPLANATION (Why)	REFERENCES
1. HELPING OTHERS		
<i>Complete any three of these activities for Silver and the remaining three for Gold</i>		
<p>Prepare resources for children in hospital.</p> <ul style="list-style-type: none"> Suitable activities such as scrapbooks and simple puzzles can be made for children in the local hospital. <p>Or: Assist in a collection for, or help in some other way, a local or national organisation, charity or community project.</p>	<p>Awareness of children who are not able to enjoy everyday activities.</p> <p>Note: Children taking part must be supervised by an adult.</p>	Simple craft books and the internet.
<p>Collect five items for recycling.</p> <ul style="list-style-type: none"> Use junk materials for a craft activity. 	Respect for the environment and awareness of recycling.	
<p>Help to tidy up after a Kea Activity.</p> <ul style="list-style-type: none"> Posse delegated to put away equipment and clean up. 	Learning to take responsibility and encouragement to be a “tidy kiwi”.	
<p>Visit a retirement home or entertain a group of elderly people.</p> <p>Could involve preparing a basket of food or gifts for the elderly. Perform a short concert to entertain the elderly.</p>	Respect for our elders. Some children, have had little contact with older people.	e.g. Age Concern, Local retirement homes, Presbyterian Social Services. Check with the local Citizens Advice Bureau.
<p>Make a gift for a parent, family member or friend.</p> <ul style="list-style-type: none"> A simple craft activity to make a gift. 	To give Keas the experience of making a gift for another person.	Search for Craft books on, the internet or local library. National Programmes also include such information.
<p>Collect basic educational materials for children in areas devastated by poverty, war, famine, natural disasters.</p> <p>Or: Establish contact with a Scout group from overseas or in the Pacific Islands.</p> <p>Or: Undertake some other form of international project.</p>	<p>Awareness of and help for children in other parts of the world who do not have the quality of life experienced in New Zealand.</p> <p>Basic materials such as pencils, paper, rubbers, balls etc could be collected and sent to such areas. Contact could be made through the various Aid agencies. Could be equipment /materials for Scout groups in Pacific Island Countries.</p>	e.g. Red Cross and Save the Children web sites.

Continued Overleaf

Silver and Gold Kea Award – Community Cornerstone,

continued

REQUIREMENTS (What to do)	EXPLANATION (Why)	REFERENCES
2. MY COMMUNITY		
<i>Complete any three of these activities for Silver and the remaining three for Gold.</i>		
<p>Learn about the other sections in your Scout group.</p> <ul style="list-style-type: none"> Members of other sections visit the Kea Club and demonstrate the activities they do in their section, or visit another section of your Scout Group, or take part in a combined activity. 	To enable the Keas to see they belong to a bigger group and learn about the progression through Scouting. They become aware of the different activities they can look forward to as they progress through Scouts. This also breaks down barriers between sections and makes transition into the next section easier.	
<p>Learn about emergency services.</p> <ul style="list-style-type: none"> Either visit an emergency service organisation i.e. Fire, police, ambulance or have the service visit a club meeting. 	Learning to take care of themselves and deal with emergencies.	http://www.fire.org.nz http://www.police.govt.nz http://www.civildefence.govt.nz
<p>Take part in a Road Safety activity.</p> <p>This could include crossing roads, cycle safety and being visible at night.</p>	Children of Kea age still have “tunnel vision” so road safety training is important for developing awareness.	Local services could be used to run a session on safety awareness.
<p>Take part in a combined activity with other sections in your group.</p> <ul style="list-style-type: none"> Many Scout groups run combined activities such as Group camps, fun days, and “going up” activities when youth are changing sections. Must be a different activity from the sports activity in another section. 	Demonstrate to the Kea Scouts that they belong to the same Scout Group as Cubs, Scouts and Venturers and are part of the family of Scouting.	Arrange at a Group Council (leaders meeting).
<p>Participate in a role play demonstrating how to act in an emergency at Keas.</p> <ul style="list-style-type: none"> Some examples: fire, earthquakes, civil defence, illness and injury, and police emergency. 	Essential basic safety knowledge in case of an emergency while attending Keas.	Civil defence website www.getthru.govt.nz
<p>Take part in an activity in your community as a Kea Club.</p> <ul style="list-style-type: none"> A variety of activities could be run in the community. A demonstration Kea Club meeting. A car wash. 	Raise the profile of Kea Scouts in the wider community.	

Continued Overleaf

Silver and Gold Kea Award – Community Cornerstone,

continued

REQUIREMENTS (What to do)	EXPLANATION (Why)	REFERENCES
3. OUR WORLD, OUR COUNTRY		
<i>Complete any three of these activities for Silver and the remaining three for Gold.</i>		
<p>Learn the Promise and Motto in Maori.</p> <ul style="list-style-type: none"> • Say the Promise and Motto in both Maori and English at Kea Club meetings. 	<p>Acknowledging the other main official language of New Zealand. Children in NZ are familiar with both versions of the National Anthem.</p> <p>Maori translation of the promise and motto are found on the promise and motto charts.</p>	<p>If possible consult local tangata whenua for help with pronunciation. Institute the practice of using both Māori and English to say the Promise and Motto.</p>
<p>Learn some songs and games from other countries.</p>	<p>Music and games are universal activities and help develop verbal and coordination skills.</p>	
<p>Make contact with and share activities with another Kea Club.</p> <ul style="list-style-type: none"> • Keas could visit another club or if this is not possible, exchange games, craft ideas etc by letter or e-mail. 	<p>Developing awareness of people outside their immediate environment. Sharing fun with other youth members.</p>	<p>People from other countries who live in your community could be invited to teach games and songs from their home country.</p> <p>Book “<i>Scout Songs, Games and Recipes in Asia Pacific</i>” is a useful resource. Search the internet.</p> <p>Contact the Zone Kea Leader for introduction to another local Kea Club.</p>
<p>Learn about a Maori legend preferably from your area.</p> <ul style="list-style-type: none"> • Leader to identify local Maori legend and tell it to Keas. • Could be acted by Keas. 	<p>Learning about the history and legends of the area in which you live develops a sense of belonging.</p>	<p>Use local Kaumatua or the library to identify simple legends from your area</p>
<p>Learn a greeting in other languages and share food from a different country.</p> <ul style="list-style-type: none"> • The Club could prepare a greetings board or some way to display greetings for the Scout Hall. • Keas could help to prepare simple food from other countries. 	<p>Knowledge of basic greetings in different languages is the beginning of the development of tolerance of different cultures. Language and food are two important aspects of culture.</p>	<p>Use people in the local community, schools and libraries or search the internet to find greetings.</p>
<p>Learn about Scouts of the same age in another country and if possible make contact with a group such as Beaver or Joey Scouts.</p> <ul style="list-style-type: none"> • In this age of the internet it is possible to easily find out about Scouting in other parts of the world. 	<p>Use individual countries Scouting web sites to arrange contacts with their 6-8yr olds groups and learn about the world-wide family of Scouting.</p>	<p>Contact the International Commissioner through the National Office, P.O. Box 11348, Wellington who often has overseas groups make contact.</p>

Silver and Gold Kea Award - Personal Development Cornerstone

REQUIREMENTS (what to do)	EXPLANATION (Why)	REFERENCES
1. PHYSICAL ACTIVITIES		
<i>Complete any three of these activities for Silver and the remaining three for Gold.</i>		
<p>Take part in physical outdoor and indoor games.</p> <ul style="list-style-type: none"> • There are a multitude of games suitable for Keas. • Games at Kea level should be cooperative rather than competitive. 	Games develop motor skills, increase coordination, increase agility, develop and exercise muscles, accelerate thinking, develop powers of observation and are a safe outlet for aggression. They encourage Keas to share and take turns as well as learning to be part of a team.	New Zealand Kea Leader's Handbook and "Fun and Games" are starting points for choosing games.
<p>Take part in a Group, Kea, School or Club sports day.</p> <p>These activities could be:</p> <ul style="list-style-type: none"> • An obstacle or confidence course. • Kea Olympics. • Group or Zone Swimming Sports. 		
<p>Take part in an activity to prepare healthy food.</p> <ul style="list-style-type: none"> • Discuss healthy food. • Keas help prepare simple healthy food. 	Physical activity requires the correct food. It is important to have knowledge of the main food groups and be able to distinguish between "healthy" and "unhealthy" food.	Public health nurse, school dental nurse and health professionals could be invited to attend Kea meeting
<p>Learn about the value of keeping fit and ways that Keas can do this.</p> <ul style="list-style-type: none"> • Take part in a discussion about ways to keep fit and demonstrate some ways to do this. 	Fitness is essential to health and wellbeing. A positive attitude to fitness should be fostered as early as possible	Contact local Sports associations /clubs / fitness experts to help with this. www.sparc.org.nz/education
<p>Plan and help prepare healthy food to take on a club outdoor activity.</p> <ul style="list-style-type: none"> • Identify types of healthy food to take when tramping. Water and high-energy foods. • Prepare simple 'Scroggin'. 	Understanding the importance of being correctly prepared when taking part in outdoor activities. Scroggin is energy food such as chocolate, nuts, raisins and dried apricots etc. Be aware of Keas with nut allergies that can be serious or life threatening.	
<p>Go on a hike or walk of at least two hours with your club.</p> <ul style="list-style-type: none"> • This could be a family activity on a local walking track. • It would probably need to be undertaken during a weekend. 	Walking or hiking is an introduction to the expeditions that older Scouts undertake. An "Activity Intention Form" must be completed and given to the Group Leader if the activity is away from your normal meeting place.	www.mountainsafety.org.nz Local Council or Dept of Conservation.

Continued Overleaf

Silver and Gold Kea Award – Personal Development Cornerstone, *continued*

REQUIREMENTS (What to do)	EXPLANATION (Why)	REFERENCES
2. LIFE SKILLS		
<i>Complete any three of these activities for Silver and the remaining three for Gold</i>		
Demonstrate how to wear the Kea Scarf and Woggle correctly.	This encourages pride in their uniform and personal appearance. Young Keas may not yet have the motor skills to fold their own scarves, but they should be encouraged to try,	
Bring a friend to Keas one night. <ul style="list-style-type: none"> The Kea club members should run a “bring a friend” night during the term. 	Bring a friend evenings encourages other children to join Keas. The Kea can share enjoyment of the programme with a friend.	
Work together in a group making simple crafts, or at a game. <ul style="list-style-type: none"> Take part in a shared activity in which all Keas are expected to contribute. 	Developing friendships is an important life skill. The ability to share and to cooperate in a group are important life skills. These are linked to the Kea Promise and Motto.	
Help the Kea Leader run a game or activity. <ul style="list-style-type: none"> This could involve setting up for a game or activity. The Kea needs to make a contribution some way to the success of the activity. 	The Kea is beginning to demonstrate some leadership skills.	
Take part in a family activity organised by the Kea Club. <ul style="list-style-type: none"> Family activities could include a group camp, picnic, hike, visit to a movie, visit to zoo or wildlife sanctuary. 	Family activities allow parents and family to share in their Kea’s activities.	
Take part in an activity that teaches a Kea Scout how to keep safe. <ul style="list-style-type: none"> Topics that could be covered here are fire safety, road safety, food safety, bullying, and stranger danger. This should not be the same activity that was signed off under “My Community”. 	This section looks at encouraging Keas to become increasingly responsible for their own safety.	Food safety www.foodsafe.org.nz Fire safety www.fire.org.nz/home_kids Bullying www.nobully.org.nz Stranger danger www.police.govt.nz

Continued Overleaf

Silver and Gold Kea Award – Personal Development Cornerstone, *continued*

REQUIREMENTS (what to do)	EXPLANATION (Why)	REFERENCES
3. SELF DISCOVERY		
<i>Complete any three of these activities for Silver and the remaining tree for Gold</i>		
Take an active part in singing and creative play activities in the Kea Club.	Creative play is one of the Keas programme elements. This activity helps the Keas to feel comfortable, confident to perform in front of others and to use their imagination.	
Share your family background/ history/ culture. <ul style="list-style-type: none"> The Kea talks to the Club about the people in his or her family /whanau who are special to the Kea. 	Learning to accept, understand and celebrate different backgrounds.	
Share a prayer, special thought, thanks or reflection at the opening or closing ceremony. <ul style="list-style-type: none"> Many Clubs have a special book for thoughts of the day or prayers. The Kea takes this home to prepare a prayer or thought to be shared at the next meeting. 	Recognising the spiritual aspect of Scouting.	
Meet and talk to someone from a different culture. <ul style="list-style-type: none"> Different cultures can be introduced by a person happy to share his or her culture with Keas. 	To learn to respect other people and their different beliefs.	
Participate in a play or concert for parents or another Scout section. <ul style="list-style-type: none"> This could involve participating in a puppet show or skit. 	This activity can incorporate many elements of the Kea programme. During the year the Club can prepare a puppet show or skit. This could involve making puppets or dressing up etc.	

Silver and Gold Kea Award - New Experiences Cornerstone

REQUIREMENTS (what to do)	EXPLANATION (Why)	REFERENCES
PERSONAL CHALLENGE		
<i>This section comprises eight different activities –complete four for Silver and four for the Gold Award.</i>		
<p>1. Complete two Personal Challenge Badges.</p> <p>One for Silver and one for Gold.</p>	<p>Personal challenge should describe a new experience for the Kea. This could be from a hobby, sport or some activity that the Kea has undertaken outside of Scouts. This fits into three parts of the Kea Motto: sharing, discovering and growing.</p>	<p>Personal challenge badge requirements are available from the website: www.scouts.org.nz</p>
<p>2. Participate in two National Programme Events.</p> <p>e.g. National Kea Day, Mudslide Day, ANZAC Day, Kea Day at Jamboree, any other National Event or National Programme activity.</p> <p>One for Silver and one for Gold.</p>	<p>Participation in a National Event demonstrates the national and international nature of the family of Scouting.</p>	<p>National Programme available from Scout website: www.scouts.org.nz</p>
<p>3. Participate in two Zone / Regional Events or a combined activity with another Kea Club.</p> <p>One for Silver and one for Gold.</p>	<p>Participate in an activity organised by Zone or Region. Could include Founders Weekend or Zone sports competitions such as swimming and soccer. Or meet with another Kea Club for an activity.</p>	<p>Zone or Regional communications. Zone Kea Leaders.</p>
<p>3. Participate in two Local Team Challenges.</p> <p>One for Silver and one for Gold.</p>	<p>Participate in an activity at local level. This could include activities with another local Kea Club or activities with other sections in the group.</p>	<p>Group Council, Group Leader, leaders from other sections within the group, or Kea Leaders from neighbouring groups.</p>

The Cub Badge

The Cub Badge may be earned by a Kea Scout while at Keas.

There should be consultation and agreement between the Kea and Cub sections at Group level as to how the transition process will be managed.

It is the Kea Leader's responsibility to make contact with the Cub Leader and commence this process.

REQUIREMENTS	EXPLANATION	REFERENCES
A new Cub must complete the following requirements to be invested:		
(a) Be told the story of Mowgli's entry to the Pack from The Jungle Book.	This will help explain what a Cub Pack is, where the Leaders' names come from, etc.	Cub Leader or Jungle Book
(b) Find out how the Cub Section began.	New Cubs should know something about the history of Cubs, who Baden Powell was, etc.	Scout Website
(c) Know the Cub Promise and Law and talk to a Leader about how you can put them into practice.	This will help the new Cub understand the Promise.	Cub Leader
(d) Know how to do the Grand Howl.	The Grand Howl is the key ceremony in a Cub Pack.	Cub Leader and or Six Leader
(e) Know the Scout Salute, Sign, Handshake and the Cub Motto and why we use them.	These are all important parts of being a Cub.	Cub Leader
(f) Visit a Cub Pack meeting or take part in a Cub activity.	Joining in with an activity will allow the new Cub to get a feel for how the Cub Packs does things and get to know the Leaders.	Cub Leader
(g) Meet the Six Leader and other members of the Six that you will be joining.	The Six is the team that the new Cub will work with a lot. The other members of the Six can also help the new Cub learn "the ways of the Pack".	Cub Leader

Kea achievements that may be credited in Cubs

The Scout Award Scheme is progressive. If the Kea has completed the Gold Kea Award then the Cub Leader should credit one appropriate activity off each programme cornerstone in the Bronze Cub Award (i.e. a total of four Cub activities).

Some examples are shown but the Cub Leader should be flexible with cross crediting the four activities. The main objective is to show how Cubs follows Keas and give the Kea a small head start on their first Cub award.

Examples:

Cornerstone	If the Kea has completed the following from the Gold Kea Activity list.	Then credit the Kea with them in the following Bronze Cub Activity Sections.
Outdoors	Environment – Take part in a nature exploration activity.	One Environment Activity.
Community	Helping others – Visit a retirement home or entertain a group of elderly people. Completed any one of the three Kea activities.	One Helping Others Activity.
Personal Development	Physical Activities – Take part in a Group, Kea, School or Club Sports day.	One Physical Activity.
New Experiences	Participate in two Zone/Regional Events.	Participate in a Group, Zone or Regional Event.

Kea Personal Challenge Badges

Personal challenge badges are generally optional, but provide an opportunity to reward a Kea who has shown perseverance in taking part in an activity over a period of time. These badges should raise interest and extend skills. They challenge a Kea to widen his or her interests. They also encourage Keas to make choices. They could be considered as individual projects.

To achieve each level of the Kea Silver and Gold Award a Kea must choose and complete one personal challenge per year.

1. These activities can be done outside of the Kea programme.
2. The awards may be adapted at the discretion of the Leader to meet the individual needs of the child concerned.

Caring Kea - Choose conservation or animals

CONSERVATION

1. Join the Kiwi Conservation Club (Forest and Bird) – (optional) or find out about a New Zealand organization involved with conservation.
2. Find out about the New Zealand Kea *Nestor notabilis*.
3. Grow and care for a vegetable plant and eat the produce from it. Some examples could be potato, sweet corn, tomato, lettuce, beans, peas.
4. Find out about an endangered animal in another country.
5. Grow a plant from seeds saved from a flower or fruit or seedpod.
6. Make a picture or poster to show how we can care for our planet.

ANIMALS

1. Know how to care for an animal, fish, bird or insect.
2. Find out some information about your chosen animal.
3. Know about the correct food to feed the animal, including type, variety and quantity.
4. Help take care of a mammal, fish, bird or insect for one month.
5. Keep a record of the food and what is done to care for the animal.
6. Tell others in the Kea Club about this animal.

Techno Kea

1. Investigate something of interest to find out how it works. e.g., show how a torch works from the bits that make it up. Demonstrate how magnets work. Other simple machines may be chosen according to the Kea's interest.
2. Make a poster showing different forms of technology.
3. Find out how one of the following services is produced and how it gets to your home: electricity, water, sewerage, rubbish disposal.
4. Demonstrate how to use the phone, know your home phone number and describe how to call emergency services.
5. Write a letter or make a card using a computer, email it to someone living far away. If the Kea does not have access to a computer at home, the Leader will need to investigate with the Kea where this can be done e.g. school, local library or Internet café.
6. Make a mobile, an origami shape, a model out of clay or plasticine and a painting or drawing.

Continued overleaf

Kea Personal Challenge Badges, *continued*

Helpful Kea

1. Prepare vegetables for a family meal.
2. Learn how to set the table for a family meal and demonstrate this to an adult.
3. Make your own lunch for school or an outing.
4. Make your bed and keep your room tidy for a week.
5. Help fold the family washing and put your own clothes away.
6. Help put out the rubbish or recycling for two weeks.

Healthy Kea

1. Plan and help cook a healthy meal at home.
2. Make a poster of pictures of foods that are good for you.
3. Show that you know about personal hygiene by showing how to care for your teeth, hair, skin, fingernails and feet.
4. Describe when hands should be washed and show how to do this.
5. Take part in a regular fitness activity. This could be at school.
6. Tell others in your Kea Club about a sport or activity you take part in.

Aviator Kea

1. Find out about the flight of New Zealand's native parrot the Kea, after which our section is named.
2. Find out about New Zealand's flightless birds.
3. Make a paper dart and demonstrate to an adult how well it flies.
4. Find out about a particular aeroplane and share what you have found with your Kea Club. Examples might be Concorde, Airbus, Spitfire, Jumbo Jet, Helicopter.
5. Find out about some unusual ways of flying e.g. hot air balloon, microlight, glider, parachuting, and sand or wind surfing. Share this information with your Kea Club.
6. If you have flown in an aeroplane, tell others in your Club about your flight. If you have not flown, tell others what you would like to fly in and why.

Keen Kea

1. Write a prayer or reflection.
2. Read or share the prayer at the opening or closing ceremony of your Club.
3. Find and tell a story that relates to the Kea Scout Promise in an interesting way, for example as a simple drama, picture, cartoon or part of a game.
4. Describe what you could do to make a new Kea joining your Club feel welcome
5. Visit a place of worship and show evidence of the visit with photographs, drawings, handouts, leaflets or information sheets.
6. Share a favourite poem about nature.